

*"Do you get it?"*

### BUTTERFLY EFFECT

I remember in the early years of practice being told by a patient that I had saved her marriage. This surprised me in that I couldn't imagine what it was that I, as a relative newbie, had possibly done to achieve this. My first thought, albeit somewhat narcissistic, was that I had somehow made her husband jealous. She went on to recount that when she had first come to visit me, she had been having terrible headaches. As a result, when her husband came home from work, she was less than pleasant. Not only would she have the shortest fuse on any issue, she also had no desire to do anything of a physical nature, either in or out of the house. It reached the point where the only thing her husband wanted to do, was to eat dinner and go out with his buddies.

Some weeks after being adjusted, her headaches were gone. All of a sudden she was happier. She was able to do things again. She was able to go on walks with her husband. They spent more time together. He wanted to be with her again and they rediscovered why they were together.

While not every marriage is saved by getting adjusted, allowing this one woman to be who she was, expressing her spirit, unaltered, unhindered and complete, I did my little part in helping one.